

Trust Board Declaration of Interest Register

First Name	Last Name	Interest Declared	Interest Category	Interest Situation	Interest Description	Comments	Col Date From	Col Date To	Last Updated Date
Freda	Bhatti	Y	Financial/professional	Suffolk & NEE GP	Spouse: Consultant gastroenterologist ESNEFT	Member Essex LMC /SNEE ICB Board GP partner			2/4/2026
Sarah	Boulton	Y	Financial interests	Shareholdings and other ownership interests	Healthy Board Services Ltd - management consultancy, training, development and coaching providing services to a variety of clients including NHS				11/28/2025
		Y	Non-financial professional interest	Outside employment	Directorship, WMB Steele(2009) & Co Ltd - provides management consultancy and training. Operates largely in the private sector space				11/28/2025
Tracy	Dowling	Y	Financial/professional	Outside employment	Chair of the Board Health Innovation East				1/20/2026
David	Eagles	Y	Financial interests	Shareholdings and other ownership interests	Equity Partner of Pannells LLP (the residual, non-trading partnership of PKF)	Pannells LLP is being wound down and is not trading	1/5/2025		3/9/2026
Michael	Gogarty	Y	Indirect interests	Outside employment	Part time work as Public Health Consultant at Kent County Council		12/14/2022	9/30/2026	2/16/2026
John	Humpston	Y	Non-financial personal interests	Loyalty interests	Trustee, Leicestershire and Rutland Emmaus		2/27/2026		2/27/2026
Karen	Livingstone	Y	Non-financial professional interest	Outside employment	Part time Chief Executive of Newham Health Collaborative which is a Community Interest Company and GP Federation				11/5/2025
		Y	Non-financial personal interests	Loyalty interests	Trustee of Citizens Advice North Herts and S Cambridgeshire				11/5/2025
		Y	Non-financial personal interests	Loyalty interests	Consultant to Innovate UK - contracts for Innovation assessment				11/5/2025
Karen	Lough	Y	Financial interests	Shareholdings and other ownership interests	Director of Pekal Ltd		7/10/2022		1/31/2025

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Adrian	Marr	Y	Non-financial personal interests	Loyalty interests	My Daughter, Amy Marr, works for East Suffolk District Council as a Health promotion manager. She has links with ESNEFT and the SNEE ICB as part of this role.	This needs to be declared as part of my interests at Board level.	12/31/2021	12/1/2026	2/25/2025
Michael	Meers	Y	Indirect interests	Loyalty interests	Daughter is part of the Medical Apprenticeship Degree (partnership scheme between ARU and ESNEFT)		1/21/2025	8/31/2029	1/22/2025
		Y	Non-financial personal interests	Loyalty interests	Partner works as a practice manager for Burlington Road General Practice in Ipswich		1/22/2025		1/22/2025
Mark	Millar	Y	Non-financial personal interests	Outside employment	Finance Director, Woodbridge Golf Club		3/7/2025		3/3/2025
		Y	Indirect interests	Loyalty interests	Daughter is a salaried partner with Capsticks LLP.		3/3/2025		3/3/2025
Catherine	Morgan	Y	Non-financial professional interest	Outside employment	Trustee St Helena Hospice		2/3/2025		3/25/2026
Katherine	Read	N	I have no interests to declare	n/a	n/a	n/a	1/23/2024		4/3/2025
James	Rowe	N	I have no interests to declare	n/a	n/a	n/a	1/31/2025		3/2/2026
Alexandra	Rutterford-Duffety	Y	Financial interests	Outside employment	Director of Finance and Operations (employee) of The Royal College of Psychiatrists		4/24/2025		4/24/2025
Karen	Sinnott	Y	Non-financial personal interests	Outside employment	Santander Bank UK		1/24/2025		7/3/2025

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Angela	Tillett	Y	Non-financial professional interest	Loyalty interests	My daughter works for NHSP and is undertaking shifts at ESNEFT in childrens services. Childrens Matron and Clinical lead are aware and support		6/15/2025	6/14/2025	6/15/2025
Doug	Ward	Y	Non-financial personal interests	Loyalty interests	Member of the Australian Institution of Engineers European Chapter Committee	I serve on the European Chapter of the Institution of Engineers Australia as a Fellow of the Chapter. The appointment is by peer vote and is not remunerated	1/7/2023	11/28/2025	10/7/2025
		Y	Indirect interests	Outside employment	Visiting Lecturer in the Department of Power & Propulsion Cranfield University College Road , Cranfield Bedfordshire , Milton Keynes MK43 0AL	Visiting lecturer in the Department of Power & Propulsion at Cranfield University lecturing UK and international engineering master's degree and doctoral students on gas turbine engineering operations & maintenance.	1/7/2023	11/17/2025	10/7/2025