East Suffolk and North Essex NHS Foundation Trust

Council of Governors

A meeting will be held between 13.30-15.20 on Wednesday 30 September 2026, University of Suffolk, Waterfront Building, 19 Neptune Quay, Ipswich. IP4 1QJ

AGENDA

Quorum: Nine or more governors including at least five Public Governors, one Staff Governor and one Appointed Governor

No	Item	Lead		Action	Est'd Time
1	Welcome and apologies for absence • Laura da Rita	Tracy Dowling, Chair		To note	1.30
2	Declarations of Interest	All	Attached	To note	
3	Minutes of the meeting held on 17 June 2026	Chair	Attached	Approval	
4	Matters arising from the minutes and action log	Anthony May, Interim Trust Secretary	Attached	Discussion	
5	Report from the Trust Chair	Chair	Attached	To note	
Assurance and Accountability					
6	Chief Executive's briefing on Trust activities	Paul Scott, Chief Executive		Discussion	1.45
7	Board Proceedings Report	Rebecka Fosher, Director of Governance	Attached	Assurance	1.55
8	Verbal reports from Board Committees	Governor observers		Discussion	2.05
	a. Performance and Finance Committee				
	b. Quality and Patient Safety Committee				
	c. People and Organisational Development Committee				
	d. Audit and Risk Committee				
	e. Charitable Funds Committee				
	f. Non-Pay Oversight Committee				
9	Report from Lead Governor	David Guest, Lead Governor	Attached	Discussion	2.20

Governance					
10	Terms of Reference	Interim Trust Secretary	Attached	Approval	2.30
Appointments and performance					

11	Appointments and Performance Report	Interim Trust Secretary	Attached	Approval	2.35
Membership and engagement					
12	Governor activities update	Governors		Discussion	2.40
Briefings					
13	10 Point Plan	Chief Nurse Director of Midwifery	Attached	Assurance	2.45
14	Staff Survey Outcomes	Chief People Officer	Attached	Assurance	3.05
Public questions					
15	Questions from members of the public present	Chair		Discussion	
16	Any Other Business	Chair		To note	3.20
17	Date of next meeting: Wednesday 9 December 2026, 14:00-17:00, Colchester Rugby Club, Raven Park, Cuckoo Farm Way, Colchester, Essex, CO4 5YX	Chair		To note	

Distribution: Committee members
Contact details: Anthony May, Interim Trust Secretary
Laura da Rita, Committee and Membership Secretary, FT.Membership@esneft.nhs.uk

Meeting actions:	
Approval	Positive resolution required/agreement to action or option proposed
Assurance	Various sources of information reviewed to confirm a position; does report demonstrate that requirements are being met and full assurance is provided
Discussion	When seeking members' views, potentially ahead of a final course of action being agreed
Decision	When being asked to choose between alternative courses of action
To Note	No discussion required. Update to ensure sufficient knowledge on subject matter for which meeting is responsible