Trust Board Declaration of Interest Register

First Name	Last Name	Interest Declared	Interest Category	Interest Situation	Interest Description	Comments	CoI Date From	CoI Date To	Last Updated Date
Sarah	Boulton	Y	Financial interests	Shareholdings and other ownership interests	Healthy Board Services Ltd - management consultancy, training, development and coaching providing services to a variety of clients including NHS				28/11/2025
		Y	Non-financial professional interest	Outside employment	Directorship, WMB Steele(2009) & Co Ltd - provides management consultancy and training. Operates largely in the private sector space				28/11/2025
Tracy	Dowling	Y	Financial/professional	Outside employment	Chair of the Board Health Innovation East				20/01/2026
David	Eagles	Y	Financial interests	Shareholdings and other ownership interests	Equity Partner of Pannells LLP (the residual, non-trading partnership of PKF)	Pannells LLP is being wound down and is not trading	05/01/2025		09/03/2026
		Y	Non-financial professional interest	Outside employment	Trustee of the Chartered Accountants' Livery Charity (CALC), which is the charity of the Worshipful Company of Chartered Accountants in England and Wales		06/10/2026		06/10/2026
Rebecka	Fosher	N	I have no interests to declare	n/a	n/a	n/a			28/08/2026
Michael	Gogarty	Y	Indirect interests	Outside employment	Part time work as Public Health Consultant at Kent County Council		14/12/2022	30/09/2026	16/02/2026
John	Humpston	Y	Non-financial personal interests	Loyalty interests	Trustee, Leicestershire and Rutland Emmaus		27/02/2026		27/02/2026
		Y	Non-financial professional interest	Loyalty interests	Chair, Two Pints Deep, Mens Mental Health Charity		15/07/2026		15/07/2026
Karen	Livingstone	Y	Non-financial professional interest	Outside employment	Part time Chief Executive of Newham Health Collaborative which is a Community Interest Company and GP Federation				05/11/2025
		Y	Non-financial personal interests	Loyalty interests	Trustee of Citizens Advice North Herts and S Cambridgeshire				05/11/2025

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		Y	Non-financial personal interests	Loyalty interests	Consultant to Innovate UK - contracts for Innovation assessment				05/11/2025
Karen	Lough	Y	Financial interests	Shareholdings and other ownership interests	Director of Pekal Ltd		10/07/2022		31/01/2025
Michael	Meers	Y	Indirect interests	Loyalty interests	Daughter is part of the Medical Apprenticeship Degree (partneship scheme between ARU and ESNEFT)		21/01/2025	31/08/2029	22/01/2025
		Y	Non-financial personal interests	Loyalty interests	Partner works as a practice manager for Burlington Road General Practice in Ipswich		22/01/2025		22/01/2025
Mark	Millar	Y	Non-financial personal interests	Outside employment	Finance Director, Woodbridge Golf Club		07/03/2025		03/03/2025
		Y	Indirect interests	Loyalty interests	Daughter is a salaried partner with Capsticks LLP.		03/03/2025		03/03/2025
Catherine	Morgan	Y	Non-financial professional interest	Outside employment	Trustee St Helena Hospice		03/02/2025		25/03/2026
Katherine	Read	N	I have no interests to declare	n/a	n/a	n/a	23/01/2024		03/04/2025
James	Rowe	N	I have no interests to declare	n/a	n/a	n/a	31/01/2025		02/03/2026
Alexandra	Rutterford-Duffety	Y	Financial interests	Outside employment	Director of Finance and Operations (employee) of The Royal College of Psychiatrists		24/04/2025		24/06/2026
			Non-financial professional interest	Loyalty interests	Governor of West Suffolk College (part of the Eastern Education Group) Chair of EEG Finance Committee		24/06/2026		24/06/2026
Karen	Sinnott	Y	Non-financial personal interests	Outside employment	Santander Bank UK		24/01/2025		03/07/2025

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Paul	Scott	Y	Financial interests	Shareholdings and other ownership interests	Director of Integrated Leadership Coaching Ltd				24/07/2026
			Non-financial professional interest	Outside employment	Carradale Futures Non-Remunerated Non-Executive Director				24/07/2026
Angela	Tillett	Y	Non-financial professional interest	Loyalty interests	My daughter works for NHSP and is undertaking shifts at ESNEFT in childrens services. Childrens Matron and Clinical lead are aware and support		15/06/2025	14/06/2025	15/06/2025
Doug	Ward	Y	Non-financial personal interests	Loyalty interests	Member of the Australian Institution of Engineers European Chapter Committee	I serve on the European Chapter of the Institution of Engineers Australia as a Fellow of the Chapter. The appointment is by peer vote and is not renumerated	07/01/2023	28/11/2025	07/10/2025
		Y	Indirect interests	Outside employment	Visiting Lecturer in the Department of Power & Propulsion Cranfield University College Road , Cranfield Bedfordshire , Milton Keynes MK43 0AL	Visiting lecturer in the Department of Power & Propulsion at Cranfield University lecturing UK and international engineering master's degree and doctoral students on gas turbine engineering operations & maintenance.	07/01/2023	17/11/2025	07/10/2025